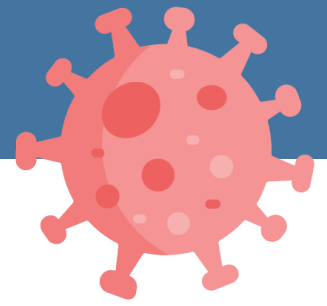




# FACT SHEET



## WHAT YOU NEED TO KNOW ABOUT THE SAFETY OF THE COVID-19 VACCINE

*This fact sheet was updated on January 20, 2021. It is based on information that was available at that time. This information might change in the future.*

COVID-19 is an illness caused by a new coronavirus. You can get very sick from **COVID-19**. It can make it hard for you to breathe.

There are **vaccines** to help your body fight COVID-19. A vaccine is a shot in the arm. This fact sheet will help you understand whether the vaccine for COVID-19 is safe.

The COVID-19 vaccine is safe for most people. Thousands of people tested the vaccine. People who get the vaccine are much less likely to get sick.



Very few people had severe **side-effects**. Severe side-effects are shortness of breath, a rash, swelling of the tongue, shock, hives, wheezing, or other things.



Different kinds of people tried the COVID-19 vaccine. Some had lung disease, heart disease, and diabetes. Some were Black, Hispanic, or Asian. Some were older. All of them did well.

The vaccine cannot give you COVID-19. The vaccine does not have the coronavirus in it.

Talk to your doctor about the vaccine if you have questions.

### Some people should talk to their doctor before getting the vaccine:

- You should talk to your doctor if you have a weak immune system.
- You should talk to your doctor if you are allergic to other vaccines.
- You may want to talk to your doctor if you are pregnant or breastfeeding.



### Some people should not get the vaccine now:

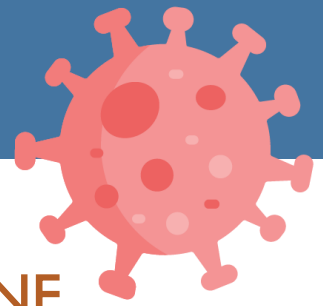
- People who currently have COVID-19 should wait to get the vaccine until they have recovered. Visit [this website](#) to learn when you are recovered.
- People under 16 years old should not get the vaccine.



Funding for this product was supported, in part, by the Virginia Board for People with Disabilities, under grant number 2001VASCDD-01, from the U.S. Administration for Community Living (ACL), Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



# FACT SHEET



## WHAT YOU NEED TO KNOW ABOUT HOW TO GET THE COVID-19 VACCINE

*This fact sheet was updated on January 20, 2021. It is based on information that was available at that time. This information might change in the future.*

COVID-19 is an illness caused by a new coronavirus. You can get very sick from **COVID-19**. It can make it hard for you to breathe.



There are **vaccines** to help your body fight COVID-19. A vaccine is a shot in the arm. This fact sheet will help you understand how to get the COVID-19 vaccine.

### Do I have to pay to get the vaccine?



The COVID-19 vaccine is free.

Some people may ask you for money to get the COVID-19 vaccine. They may also ask you for your Social Security number or credit card number. **Do not give it to them. It is a scam and they are trying to cheat you!**



### How do I get the COVID-19 vaccine?



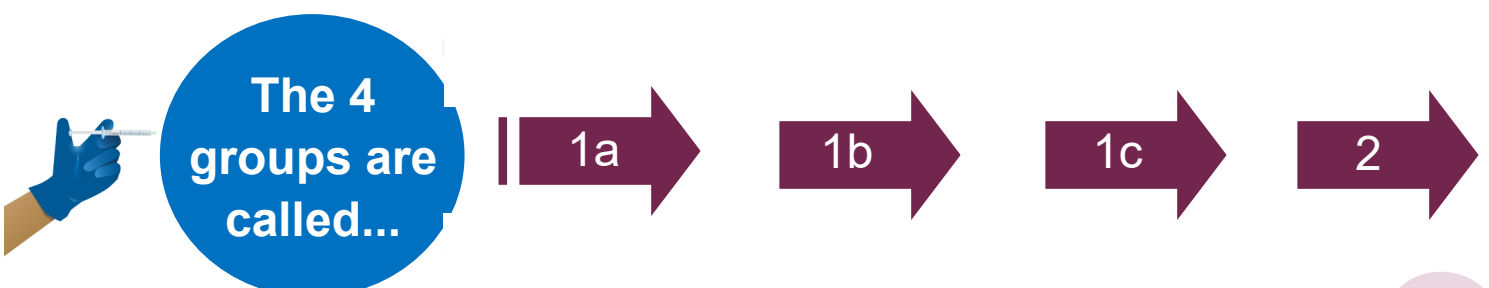
Talk to your doctor about when and where you can get the COVID-19 vaccine. Contact your local health department to find out when and where you can get the COVID-19 vaccine. Learn how to contact your local health district at [this website](#).

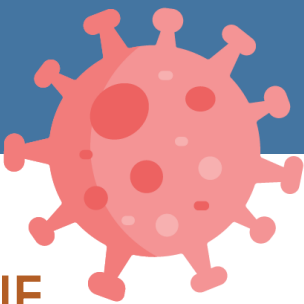
Talk to your family, friends, or someone who helps you if you need help getting the COVID-19 vaccine.

Contact the disAbility Law Center of Virginia when your rights are violated. Call them at 1-800-552-3962. Send them a message at [this website](#).

### When do I get the COVID-19 vaccine?

There are not enough COVID-19 vaccines for everyone. Virginia has a plan to get everyone the COVID-19 vaccine. The plan has placed everyone into 4 groups.





## WHAT YOU NEED TO KNOW ABOUT HOW TO GET THE COVID-19 VACCINE

### COVID-19 Vaccine Groups

1a	<p>Group 1a is for Health providers. Health providers are doctors, nurses, and other people who work in hospitals and at the doctor’s office. Health providers may also include people who care for you in your home. They will get the COVID-19 vaccine first.</p> <p>Group 1a is also for people who live or work at long-term care facilities. Long-term care facilities include group homes, intermediate care facilities, and nursing homes.</p>
1b	<p>Group 1b includes people who are <b>65 years or older</b> or who live in <b>jails, homeless shelters, and migrant camps</b>. They will get the vaccine second.</p> <p>Group 1b also includes people who <b>have certain medical conditions</b>. One example is Down Syndrome. To find what medical conditions qualify for Group 1b, visit <a href="#">this website</a>. They will get the vaccine second</p> <p>Group 1b is also for <b>some essential workers</b>. Examples of essential workers are people who work in schools and grocery stores.</p>
1c	<p>Group 1c includes <b>essential workers</b> who are not in Group 1a or 1b. They will get the vaccine third. These essential workers may include people who work in restaurants and construction.</p>
2	<p>Group 2 are people who are not in Group 1a, Group 1b, or Group 1c. They will get the COVID-19 vaccine after everyone in the other groups get it first.</p>

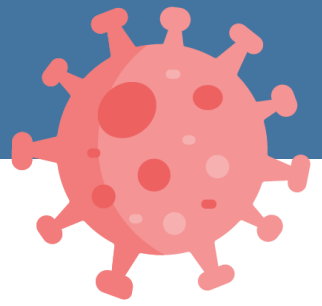
Learn what group you are in by answering questions at [this website](#).

Getting the vaccine depends on where you live. Local health departments will decide when each group can get the COVID-19 vaccine. They will also decide who can get the COVID-19 vaccine first within each group. Learn what group your local health department is vaccinating at [this website](#).





# FACT SHEET



## WHAT YOU NEED TO KNOW AFTER YOU GET THE COVID-19 VACCINE

*This fact sheet was updated on January 20, 2021. It is based on information that was available at that time. This information might change in the future.*

COVID-19 is an illness caused by a new coronavirus. You can get very sick from **COVID-19**. It can make it hard for you to breathe.



There are **vaccines** to help your body fight COVID-19. A vaccine is a shot in the arm. This fact sheet will help you understand how to get the COVID-19 vaccine.

You might not feel well for a few days after getting the COVID-19 vaccine. You might feel tired, have sore muscles, or have a mild fever. This is good. It means that the COVID-19 vaccine is working.



You can report how you are feeling through an application called v-safe. Learn more about v-safe on [this website](#). Call your doctor if you have questions.



Some people may have severe side-effects after getting the COVID-19 vaccine. An example is having trouble breathing. This is very rare. If this happens, tell somebody and call 911 or go to the emergency room.

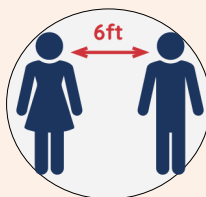
Some COVID-19 vaccines require you to get a second dose. The timing of the second dose depends on which vaccine you got. The second dose makes the COVID-19 vaccine work better.

You must be careful after you get the COVID-19 vaccine.

You must keep wearing a mask.



You must stay 6 feet away from other people.



You must keep washing your hands.



You could get COVID-19 after you have the COVID-19 vaccine.

You could give COVID-19 to other people after you have the COVID-19 vaccine.



Funding for this product was supported, in part, by the Virginia Board for People with Disabilities, under grant number 2001VASCDD-01, from the U.S. Administration for Community Living (ACL), Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.